A scenic landscape featuring a calm lake in the foreground, a dense forest of evergreen trees on the middle ground, and a range of mountains in the background. The sky is a clear, deep blue. The overall scene is peaceful and natural.

Updates on the Rollout of the Individualized Supports Waiver (ISW) and Community First Choice (CFC)

Presented to the Inclusive Communities Council

May 2018

Agenda

Introductions

- Review of Agenda and Purpose

Individualized Support Waiver

- Final Design and Implementation Status
- Q & A

Community First Choice

- Final Design and Implementation Status
- Q & A

Having the ICC Spread the Word

CMS directed SDS to include care coordination with cost cap. ISW cost limit: \$19,285
– “baseline” budget allocation.

Individualized Supports Waiver (ISW)

New Waiver for people with intellectual and developmental disabilities (IDD) who have been served on the grants.

Same eligibility as IDD Waiver , but targeted to those with less intensive needs

Helps people who use grant funds.
Grant ends June 2018.

Cap of \$17,500/year. Up to \$5,000 in emergency funds every 3 years

Person can decide how to use services up cap.
Emergency funds for time limited additional need

Care Coordinator required, but cost doesn't count against the cap

Fewer required contacts for Care Coordinator than for the IDD Waiver.

Applications for ISW through registry

Person can get ISW and stay on registry for IDD Waiver.

Serves up to 600 people

Most of the same services as IDD Waiver

Major differences is ISW does not include out of home residential

Respite/Day Habilitation

In-home supports for ages < 18

Supported living for ages > 18

Intensive Active Treatment for Adults

Chore Services

Non-Medical Transportation

Supported employment (inc. pre-employment tasks)



Individualized Supports Waiver Rollout

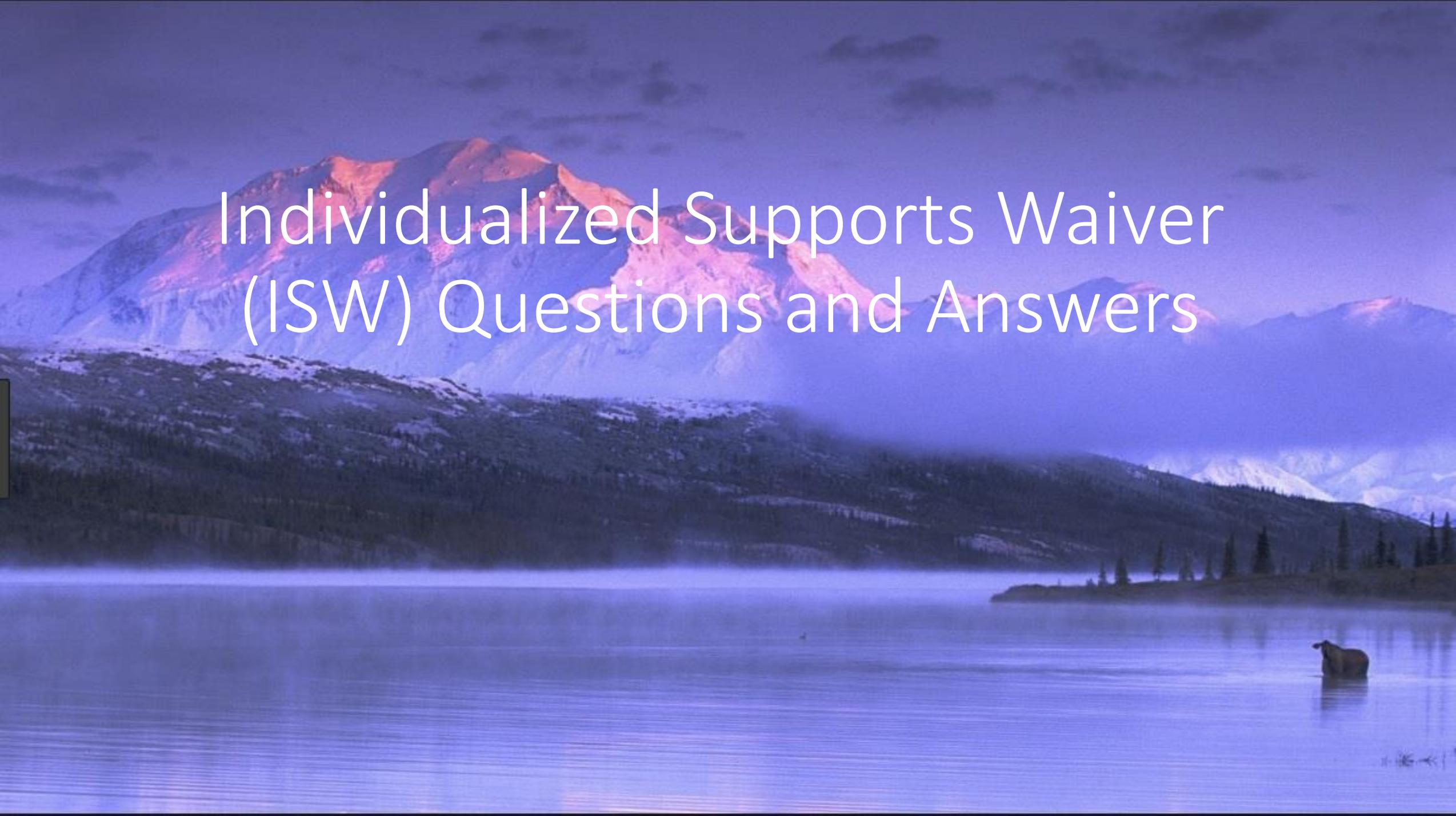
People on grants have been notified that they must enroll in the DRRR

SDS has been selecting people off DRRR and working with them to establish eligibility and develop Support Plans

Anticipating that ISW services will start as soon as SDS has CFC approval and regulations are final

Grant funds available until June 2018

Care Coordinators certified for IDD can do ISW /LTSS-TCM (no separate certification)



Individualized Supports Waiver (ISW) Questions and Answers

Community First Choice (CFC)

Same eligibility as Nursing Facility Level of Care Waivers- ALI, APDD, CCMC and ICF/IID Waivers- IDD, ISW – and Behavioral Health if <21 or 65+

1915k Option that will help Alaska get more federal dollars: Starting with PCS & PERS, but will expand

Community First Choice Personal Care Services (CFC/PCS)

Assessment for CFC is the Consumer Assessment Tool (CAT)

Person Centered Support Plan

Expands upon current Plan of Care. Get a plan even if only on CFC

Personal Emergency Response System (PERS)

Also known as Lifeline (press button if help is needed)

Training for people to choose and manage CFC/PCS assistants

Person can choose

Could have Waiver and CFC

Services can't duplicate

Targeted Case Management to develop & update plan, if not choosing Waiver

Care Coordinator develops Person Centered Support Plan

Maintenance and Acquisition of Skills training; supervision and cueing

Can choose training to learn to be more independent in activities like bathing, cleaning the home, or shopping



Community First Choice Rollout

Waiver/PCS combo will be automatically enrolled (unless opt out)
Letters have gone out

PCS only who met LOC on last assessment will be reassessed
Letters going out soon

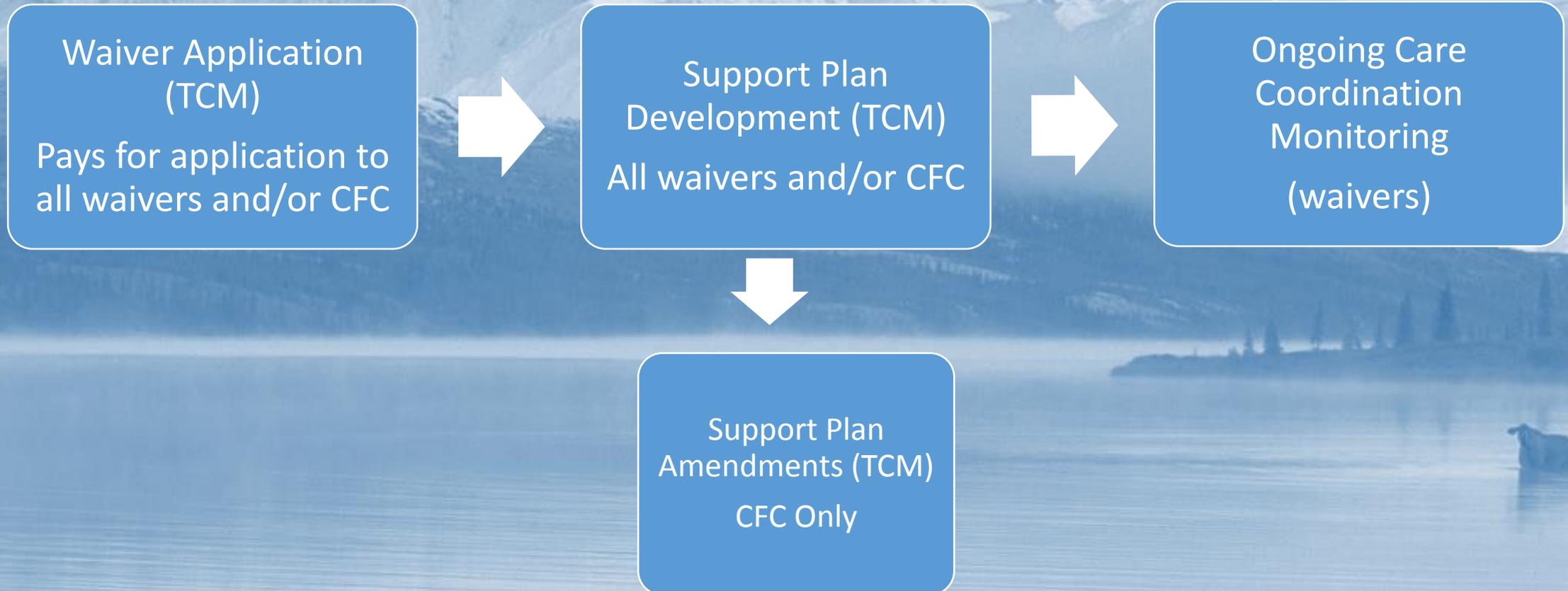
CMS approval received, awaiting final regulations, anticipate July 1 start

Must be in CFC to receive Personal Emergency Response System (Lifeline)

All certified Care Coordinators can develop CFC Support Plan (no separate certification)

New Ways of Paying for Care Coordination

Added new Medicaid Option, Targeted Case Management (TCM), because some case management is outside a waiver





Community First Choice (CFC) Questions and Answers

Getting the Word Out

